Welcome to Memorial Hermann Southwest Hospital
Obstetric Pre-Registration Information

The staff of Labor & Delivery and The Family Place look forward to caring for you and your baby. Our goal is to provide you with excellence in care during your stay. Your experience here at Memorial Hermann Southwest Hospital is extremely important to us as we strive to meet your needs and those of our family. Please read the following information to help prepare you for the arrival of your baby. During your postpartum time, you will receive additional information about self care and baby care. The Family Place Baby Care class is available Monday, Wednesday and Friday. Times will be announced.

Guidelines from Labor & Delivery
- Call your doctor for any concerns or questions you may have.
- Prior to admission, choose your pediatrician so that he/she can be notified.
- Discuss newborn circumcision and appropriate pain management with your doctor before you deliver.
- Discuss videotaping of your delivery and the number of visitors in the labor room with your physician.
- Please review information provided on your pain management options and discuss with your physician prior to delivery.
- When you are in labor, come directly to L&D on the 5th floor of the hospital. Do not go to the ER.
- You must park in the Texas lot when coming to L&D and you will receive one free parking token to be used when you leave. Please see enclosed map.

Orientation to The Family Place
- We provide family-centered care that facilitates mothers and babies staying together as much as possible to enhance bonding and competency in parenting skills. Your baby will be able to stay with you unless there is a medical reason for separation.
- After delivery and recovery period, you will be moved to your postpartum room. Check your insurance coverage to determine if you will be in a private room or a semi-private room. Discuss this further with our Business Office if you have questions.
- One adult may stay the night in a private room.
- In consideration of the other patient in a semi-private room, only one adult female visitor may spend the night in a chair at the bedside.
- Family and friends are encouraged to visit. Children of any age may visit if accompanied and supervised by an adult. You may need to explain to visitors that you need additional rest for the first few days.
- Visitors experiencing signs of illness are asked not to visit until they are well. This is to protect your health and that of your newborn.
Patient Safety

- In L&D, matching ID bracelets will be placed on you, your baby, and one support person as designated by you. The staff will always check these bracelets when bringing your baby to you.
- A security monitor will be placed on your baby’s ankle until discharge.
- Only nursing staff with correct identification (pink name badge with rocking horse) should care for your baby. DO NOT release your baby if you do not see the proper identification. Call the nursery immediately at 6988.

Birth Certificate Information

- To complete the birth certificate for hospital processing, you must have the following information available:
  - Infant’s full name, social security number for both parents, complete address for both parents, and any Medicaid number.
- The Birth Registration representative will discuss any issues of paternity with you and will assist in processing your infant’s social security card.

Newborn Screening

- Before discharge, your baby will have a screening test for hearing, jaundice and a state-required test for several genetic diseases.

General Unit Information for Patients and Families

- Coffee, tea and a vending machine are available in the Family Lounge located at the beginning of “S” wing. The ice machine is located at the beginning of “C” wing.
- Family and visitors are requested to use the public restrooms. These are located across from the L&D Waiting Room at the front of “C” wing for women and the front of “E” wing for men.
- In-room television provides continuous programs on newborn care and general health-related topics.
- As first time parents, you are encouraged by your physician to attend baby care classes given by the nursing staff.
- Lactation support is available for breastfeeding mothers.

Thank you For Choosing Memorial Hermann Southwest Hospital

We are dedicated to meeting your expectations and providing excellence of care. Please let us know if there is any way we can assist you. After your hospital discharge, you will receive a survey in the mail to rate our services. We strive for “5” or excellent in all areas of your care.